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## WHAT IS CLAIMED IS:

1 A method for interchanging information between a portable appliance and a database, said system comprising the steps of:

establishing a wireless connection between said portable appliance and a POS terminal, said POS terminal being connectable to a plurality of e-service servers over a network; and

initiating a synchronization process between said portable appliance and a connected server to synchronize information stored in said portable appliance with information stored in said connected server via said POS terminal.

- The method of claim 1 wherein said synchronization step includes the steps of: locating a proper one of said e-service servers on said network; and interchanging unique identify codes between said portable appliance, said POS terminal and said connected server.
- 3 The method of claim 1 wherein the selection of a proper server depends, at least in part, on a unique identity code of said portable appliance.
  - The method of claim 1 wherein said network is an Internet. 4.
- 5. The method of claim 1 wherein said portable appliance comprises at least one of the following: a cell phone, a PDA, and a beeper.
- 6. The method of claim 1 wherein the step of synchronizing includes the step of downloading digital content.

- 7. The method of claim 6 wherein said digital content comprises at least one of the following: email, music, movie, ticket, and electronic books.
- The method of claim 1 wherein the step of establishing the wireless connection includes the step of verifying if said portable appliance is authorized to access said POS terminal.

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- A system for synchronizing information on a portable appliance, comprising: a network:
- a plurality of e-services available to said network; and
- at least one POS terminal connectable said e-service servers over said network;
- wherein said portable appliance establishes a wireless connection with said POS terminal and initiates a synchronization process to synchronize information stored in said portable appliance with information stored in at least one e-service server via said POS terminal.
- 10. The system of claim 9 wherein said POS terminal establishes the wireless connection with said portable appliance if it is determined that said portable appliance is authorized to access said POS terminal.
- 11. The system of claim 9 wherein said POS terminal is operable to locate said at least one e-service server on said network to synchronize said information stored in said portable appliance with said information stored in said e-server.
  - 12. The system of claim 9 wherein said network is an Internet.
- 13. The system of claim 9 wherein said portable appliance comprises at least one of the following: a cell phone, a PDA, and a beeper.
- The system of claim 9 wherein the step of synchronizing includes the step of downloading digital content.

15. The system of claim 14 wherein said digital content comprises at least one of the following: email, music, movie, ticket, receipt, and electronic books. 16. A system for controlling the interchange of data when a portable device associated with a user, said system comprising:

means for temporarily interchanging information between one of said user devices and a POS terminal; and

means controlled by said POS terminal as a result of said interchange of information with a specific portable device for establishing a communication connection between said specific device and a particular remote e-services facility.

- 17. The system set forth in claim 16 further comprising means for allowing data exchange between said particular user device and said particular e-services facility via said POS terminal.
- 18. The system set forth in claim 16 further comprises means for allowing data exchange between said particular e-services facility and a designated receiving device, said receiving device designated by said particular user device via said POS terminal.
- 19. The system set forth in claim 16 wherein said e-services facility is selected from one of a database, server, communication network, or terminal network.